

## LuAn Mitchell

- International best selling Author, Motivational Speaker
- Named Canada's 1 Female Business Woman for Three Consecutive Years!
- Leading Woman Entrepreneur of the World
- Former Chairwoman, Mitchell's Gourmet Foods
- Host of Millionaire Mentor on Voice America Internet Radio
- Named American Biographical Institute's Woman of the Year 2005
- "Pass it ON" & Thank God I... Film Star!

As entrepreneur, corporate executive, author, motivational speaker, Motivational Movie Star, philanthropist and mother, LuAn Mitchell has lived a life of wide experience, harsh reality and repeated triumph.

Mitchell has reached the pinnacle of business success being named Canada's Number One Female Entrepreneur for three successive years on a "cross country" search by Chatelaine and Profit Magazines. On the international stage, she has been honored annually since 2001 by the Leading Women Entrepreneurs of the World. McGill University of Montreal has named Mitchell as the 2003 recipient of the McGill Management Achievement Award for excellence of achievement in business and community service.

Mitchell's business experience began as a young entrepreneur with BIG Dreams... with a Bank loan of 20,000.00 and starting her own salon, spa and modeling school, with a staff of 15, (including her own Mother!) In her successful business future as Chair of the Board of Directors - shepherding Mitchell's Gourmet Foods from the brink of bankruptcy to one of Canada's most successful value-added food processors, she has learned MUCH, and she wants to share it with you NOW!

Mitchell's life is a story of struggle and survival. From the country kid who was taunted as "Elly May" at her high school, to the confident mother of four young children who rose to command one of Canada's largest food processing companies, and now motivates millions all over the WORLD, she has always triumphed, although she has also endured much, she is always ready to "start fresh," and she has the tools you need to know about, and use for your own success!

For more information on LuAn please Visit

[www.paperdoll.biz](http://www.paperdoll.biz)

[www.LuAnMitchell.biz](http://www.LuAnMitchell.biz)

[www.thankgodi.com](http://www.thankgodi.com)

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## LuAn's Seminar Highlights

Win/Win Girl Style!

Get set up before you leave home

Learn how to "Stack Your Success Deck"

1. Business cards
2. Talking to lenders
  - Non disclosure
  - Non competition
3. Executive summaries
4. Business plan

You GO GIRL!

The Look you wear - must project confidence and get you noticed!

Inner Winner - Circle!

Inside Out strategies that give you the upper hand in all negotiations!

Life balance- drop the "Circus Act"

A Woman's Life- Jugglers Delight!